



LUNCH MENU
12 - 4 PM

SEBASTIAN'S

On The Beach

LITE BITES

COCONUT SHRIMP - 17
With Sweet Chili Sauce

ANEGADA CONCH FRITTERS - 18

FRIED CALAMARI - 16
With Spicy Garlic Sauce

NARDIE'S CHICKEN WINGS - 15
Served Dry, BBQ, Honey Stung, or Spicy Jerk ^{GF}

APPLE BAY TACOS (3) - 15
Chicken, Fish, Shrimp, or Beef

TUNA TARTAR - 20
Local Tuna Served on a Bed of Guacamole

FRESH LOCAL MAHI CEVICHE - 21
Pinenuts, Bell Pepper, and Chips

HOT HONEY CAULIFLOWER - 15
Fried Cauliflower Served with a Spicy Honey Sauce

SALADS

ENSALADA NICOISE - 29
Fresh Tuna, Boiled Eggs, Red Potatos, Tomatos, Red Onion,
Green Beans, Black Olive, Anchovies, Fresh Pesto

CAESAR SALAD - 15
Local Lettuce, Homemade Caesar Dressing, Baguette Crouton, Parmesan Cheese
Add: Jerk Chicken +7, Shrimp +10, Mahi Mahi +10, Salmon +12

MEDITERANNEAN QUNIOA SALAD - 18
With Isreali Couscous and Mango Dressing

Add: Jerk Chicken +7, Shrimp +10, Mahi Mahi +10, Salmon +12

GOAT CHEESE & CRANBERRY SALAD - 18
Local Lettuce, Goat Cheese, Cranberries, Walnuts, Honey Balsalmic Vinaigrette

^{GF} Symbol Indicates a Gluten Free Substitute is Available
Please alert the staff of any dietary restrictions or allergies
A 15% Service Charge is added to all bills





SANDWICHES

APPLE BAY BURGER - 24

Bacon Jam, Red Onion, Lettuce, Tomato, Handcut Fries ^{GF}

WEST END CHICKEN SANDWICH - 22

Boneless Fried Chicken (Dry, BBQ, or Spicy BBQ), Coleslaw, Onion, Handcut Fries ^{GF}

CROQUE MONSIEUR - 20

Toasted Ham and Swiss, Handcut Fries, Local Lettuce ^{GF}

CROQUE MADAME - 21

Toasted Ham and Swiss, Fried Eggs, Handcut Fries, Local Lettuce ^{GF}

VEGAN WRAP - 20

Avocado, Beetroot, Bell Peppers, Mushrooms, Onions, Spinach, Carrots, Asian Style Dressing

SIGNATURE WRAP - 22

Bacon, Avocado, Shredded Cheese, Local Lettuce, Tomato, Red Onion, Handcut Fries

Add Grilled Chicken +7, Asian Style Shrimp +10, Jerk Chicken +8, Local Lobster +15

MEDITERRANEAN PANINI - 22

Fresh Mozzarella, Tomatos, Lettuce, Fresh Basil, Homemade Pesto, Salad, Handcut Fries

Add Grilled Chicken +7

CURRY CHICKEN ROTI - 18

Served with Side Salad

MAINS

JAMAICAN STYLE JERK CHICKEN - 22

Tender Grilled Jerk Chicken with Choice of Two Side

12oz GRASSFED RIBEYE - 45

Basted in Rosemary and Maitre d'Hotel Butter with Choice of Two Side

FRESH SEARED SALMON - 35

Served with Dill Sauce and Choice of Two Side

PASTA ALFREDO - 24

Add Chicken +4, Shrimp +6, or Lobster +10

FRESH WHOLE GRILLED LOBSTER - 32/lb

Garlic, Parsley, Lemon Butter, and Choice of Two Side

KIDS MENU

PLAIN BURGER AND FRIES - 8

CHICKEN TENDERS AND FRIES - 8

FRESH FISH FINGERS AND FRIES - 10

MACARONI & CHEESE - 8

PLAIN PASTA WITH BUTTER - 8

Add Chicken +4

SIDES

HANDCUT FRIES - 6

PARMESAN TRUFFLE FRIES - 9

SWEET PLANTAIN - 6

RICE & PEAS - 6

COLESLAW - 5

RED BLISS MASHED POTATO - 6

FRESH MIXED VEGETABLES - 6

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